

Printing Industry Federation of SA



in partnership with

NOSHC

Presents

FIRST AID LEVEL 1



COURSE OBJECTIVES:

Delegates who complete this course will be able to render first aid assistance in the workplace; apply primary emergency life support; carry out basic first aid treatment.

WHO SHOULD ATTEND THIS COURSE:

Individuals who have been earmarked as their companies First Aid representatives.

COURSE CONTENTS:

• PRINCIPALS OF FIRST AID	• SAFETY AND EMERGENCY MANAGEMENT
• CHOKING	• SHOCK
• WOUNDS	• FAINTING & UNCONSCIOUSNESS
• BLEEDING ARTIFICIAL RESPIRATION	• FRACTURES
• ONE MAN CPR	• BURNS
• HEAD AND SPINAL INJURIES	• BASIC ANATOMY

DURATION:

2 Days – refer to national calendar for dates

COST PER DELEGATE:

Please contact your chamber for price schedule

VENUE:

Please contact your chamber for the venue details

Onsite training can be arranged, pricing will vary if this is to be set up.

JHB	:	Don Suite Hotel Isando
DBN	:	Balmoral Hotel – Durban Beachfront
CPT	:	Bellville Library

ENROLMENT:

Please contact the chamber in your region for further enquiries.

PIFSA – CENTRAL CHAMBER Lithotech Listings & Logistics Corner Shaft & Reduktor Avenue Stormill Ext 3 Roodepoort	PIFSA – KZN CHAMBER Unit 2, Afriscan Park 21 Qashana Khuzwayo Rd New Germany	PIFSA – CAPE CHAMBER 3rd floor 19A Woodlands Road Woodstock Cape Town
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VALIDITY OF CERTIFICATION:

This certificate is valid for a period of 3 years

ACCREDITATION:

NOSHC is accredited with HWSETA, TETA and the DOL

